



# THIS WEEK'S MENU

WEEK COMMENCING  
21 JANUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN & CHORIZO PAELLA	CUMBERLAND SAUSAGES	LEMON & HERB ROASTED TURKEY WITH SAGE & ONION STUFFING	STIR FRY BEEF & BROCCOLI IN A HOT SIN SAUCE	BREADED JUMBO FISH FINGERS
VEGETARIAN	MIXED VEGETABLE PAELLA	QUORN SAUSAGES	ROASTED VEGETABLE WRAP	MEDITERRANEAN STUFFED RED PEPPERS	GRILLED MAC 'N' CHEESE BAKE
POTATOES/RICE/PASTA	~~	CREAMY MASHED POTATO	ROAST POTATOES	EGG FRIED RICE	STEAK CUT CHIPS
VEGETABLES	MIXED SALAD	PEA & CARROTS	CAULIFLOWER & BROCCOLI	GARDEN SALAD	BAKED BEANS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	EVES PUDDING & CUSTARD	BAKEWELL TART & CREAM	LEMON & POPPY SEED DRIZZLE CAKE	FRUIT JELLY & ICE CREAM	OATY ORANGE BISCUITS